

**Lactate Dehydrogenase acc. to IFCC ver.2****Order information**

REF	CONTENT	Analyzer(s) on which <b>cobas c</b> pack(s) can be used
03004732 122	Lactate Dehydrogenase acc. to IFCC ver.2 300 tests	System-ID 07 6607 0 Roche/Hitachi <b>cobas c</b> 311, <b>cobas c</b> 501/502
10759350 190	Calibrator f.a.s. (12 x 3 mL)	Code 401
10759350 360	Calibrator f.a.s. (12 x 3 mL, for USA)	Code 401
12149435 122	Precinorm U plus (10 x 3 mL)	Code 300
12149435 160	Precinorm U plus (10 x 3 mL, for USA)	Code 300
12149443 122	Precipath U plus (10 x 3 mL)	Code 301
12149443 160	Precipath U plus (10 x 3 mL, for USA)	Code 301
10171743 122	Precinorm U (20 x 5 mL)	Code 300
10171735 122	Precinorm U (4 x 5 mL)	Code 300
10171778 122	Precipath U (20 x 5 mL)	Code 301
10171760 122	Precipath U (4 x 5 mL)	Code 301
05117003 190	PreciControl ClinChem Multi 1 (20 x 5 mL)	Code 391
05947626 190	PreciControl ClinChem Multi 1 (4 x 5 mL)	Code 391
05947626 160	PreciControl ClinChem Multi 1 (4 x 5 mL, for USA)	Code 391
05117216 190	PreciControl ClinChem Multi 2 (20 x 5 mL)	Code 392
05947774 190	PreciControl ClinChem Multi 2 (4 x 5 mL)	Code 392
05947774 160	PreciControl ClinChem Multi 2 (4 x 5 mL, for USA)	Code 392
04489357 190	Diluent NaCl 9 % (50 mL)	System-ID 07 6869 3

**English****System information**

For **cobas c** 311/501 analyzers:

**LDHI2:** ACN 080

**LDIP2:** ACN 147 (with automatic sample pre-dilution)<sup>a)</sup>

For **cobas c** 502 analyzer:

**LDHI2:** ACN 8080

**LDIP2:** ACN 8147 (with automatic sample pre-dilution)<sup>a)</sup>

a) Not available in the US

**Intended use**

In vitro test for the quantitative determination of lactate dehydrogenase in human serum and plasma on Roche/Hitachi **cobas c** systems.

**Summary**<sup>1,2,3,4,5,6</sup>

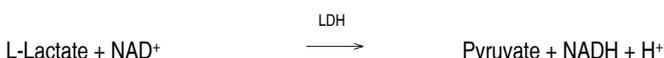
The lactate dehydrogenase (LDH) enzyme is widely distributed in tissue, particularly in the heart, liver, muscles and kidneys. The LDH in serum can be separated into five different isoenzymes based on their electrophoretic mobility. Each isoenzyme is a tetramer composed of two different subunits. These two subunits have been designated heart and muscle, based on their polypeptide chains. There are two homotetramers, LDH-1 (heart) and LDH-5 (muscle), and three hybrid isoenzymes.

Elevated serum levels of LDH have been observed in a variety of disease states. The highest levels are seen in patients with megaloblastic anemia, disseminated carcinoma and shock. Moderate increases occur in muscular disorders, nephrotic syndrome and cirrhosis. Mild increases in LDH activity have been reported in cases of myocardial or pulmonary infarction, leukemia, hemolytic anemia and non-viral hepatitis.

The method described here is derived from the formulation recommended by the IFCC<sup>5,6</sup> and was optimized for performance and stability.

**Test principle****UV assay**

Lactate dehydrogenase catalyzes the conversion of L-lactate to pyruvate; NAD is reduced to NADH in the process.



The initial rate of the NADH formation is directly proportional to the catalytic LDH activity. It is determined by photometrically measuring the increase in absorbance.

**Reagents - working solutions**

**R1** N-methylglucamine: 400 mmol/L, pH 9.4 (37 °C); lithium lactate: 62 mmol/L; stabilizers; preservatives

**R2** NAD: 62 mmol/L; stabilizers; preservatives

R1 is in position B and R2 is in position C.

**Precautions and warnings**

For in vitro diagnostic use.

Exercise the normal precautions required for handling all laboratory reagents.

Disposal of all waste material should be in accordance with local guidelines. Safety data sheet available for professional user on request.

**Reagent handling**

Ready for use

**Storage and stability****LDHI2, LDIP2**

Shelf life at 2-8 °C:

See expiration date on **cobas c** pack label.

On-board in use and refrigerated on the analyzer:

12 weeks

**Diluent NaCl 9 %**

Shelf life at 2-8 °C:

See expiration date on **cobas c** pack label.

On-board in use and refrigerated on the analyzer:

12 weeks

**Specimen collection and preparation**

For specimen collection and preparation only use suitable tubes or collection containers.

Only the specimens listed below were tested and found acceptable.

Serum (free from hemolysis).

Plasma: Li-heparin plasma. Plasma must be free from hemolysis and cells.

Caution: Plasma from primary tubes handled according to the manufacturer's instructions can still contain cells, leading to implausibly high results. One option for these cases is an application with automatic sample pre-dilution (ACN 147/ACN 8147). Alternatively it is recommended to transfer the plasma from the primary tube to a secondary sample tube.

**Lactate Dehydrogenase acc. to IFCC ver.2**

The sample types listed were tested with a selection of sample collection tubes that were commercially available at the time of testing, i.e. not all available tubes of all manufacturers were tested. Sample collection systems from various manufacturers may contain differing materials which could affect the test results in some cases. When processing samples in primary tubes (sample collection systems), follow the instructions of the tube manufacturer.

Separate the serum or plasma from the clot or cells promptly.

Centrifuge samples containing precipitates before performing the assay.

Stability:<sup>7</sup> 7 days at 15-25 °C

The sample may be stored for 4 days at 2-8 °C or 6 weeks at -20 °C. In connection with certain diseases (e.g. hepatopathy, diseases of skeletal muscle, malignant tumors), the LDH-4 and LDH-5 isoenzyme portions are increased and unstable in cooled and frozen samples; this may lead to an incorrect LDH value in samples collected from patients suffering from such diseases.

**Materials provided**

See "Reagents – working solutions" section for reagents.

**Materials required (but not provided)**

- See "Order information" section
- General laboratory equipment

**Assay**

For optimum performance of the assay follow the directions given in this document for the analyzer concerned. Refer to the appropriate operator's manual for analyzer-specific assay instructions.

The performance of applications not validated by Roche is not warranted and must be defined by the user.

**Application for serum and plasma****cobas c 311 test definition**

Assay type	Rate A		
Reaction time / Assay points	10 / 20-33		
Wavelength (sub/main)	700/340 nm		
Reaction direction	Increase		
Units	U/L (µkat/L)		
Reagent pipetting	Diluent (H <sub>2</sub> O)		
R1	100 µL	–	
R2	20 µL	–	
<i>Sample volumes LDHI2</i>	<i>Sample</i>	<i>Sample dilution</i>	
	Sample	Diluent (H <sub>2</sub> O)	
Normal	2.8 µL	–	–
Decreased	1.1 µL	–	–
Increased	2.8 µL	–	–
<i>Sample volumes LDIP2</i>	<i>Sample</i>	<i>Sample dilution</i>	
	Sample	Diluent (NaCl)	
Normal	14 µL	20 µL	80 µL
Decreased	5.6 µL	20 µL	80 µL
Increased	14 µL	20 µL	80 µL

**cobas c 501 test definition**

Assay type	Rate A
Reaction time / Assay points	10 / 28-47
Wavelength (sub/main)	700/340 nm
Reaction direction	Increase

Units	U/L (µkat/L)		
Reagent pipetting	Diluent (H <sub>2</sub> O)		
R1	100 µL	–	
R2	20 µL	–	
<i>Sample volumes LDHI2</i>	<i>Sample</i>	<i>Sample dilution</i>	
	Sample	Diluent (H <sub>2</sub> O)	
Normal	2.8 µL	–	–
Decreased	1.1 µL	–	–
Increased	2.8 µL	–	–
<i>Sample volumes LDIP2</i>	<i>Sample</i>	<i>Sample dilution</i>	
	Sample	Diluent (NaCl)	
Normal	14 µL	20 µL	80 µL
Decreased	5.6 µL	20 µL	80 µL
Increased	14 µL	20 µL	80 µL

**cobas c 502 test definition**

Assay type	Rate A		
Reaction time / Assay points	10 / 28-47		
Wavelength (sub/main)	700/340 nm		
Reaction direction	Increase		
Units	U/L (µkat/L)		
Reagent pipetting	Diluent (H <sub>2</sub> O)		
R1	100 µL	–	
R2	20 µL	–	
<i>Sample volumes LDHI2</i>	<i>Sample</i>	<i>Sample dilution</i>	
	Sample	Diluent (H <sub>2</sub> O)	
Normal	2.8 µL	–	–
Decreased	1.1 µL	–	–
Increased	5.6 µL	–	–
<i>Sample volumes LDIP2</i>	<i>Sample</i>	<i>Sample dilution</i>	
	Sample	Diluent (NaCl)	
Normal	14 µL	20 µL	80 µL
Decreased	5.6 µL	20 µL	80 µL
Increased	20 µL	20 µL	80 µL

**Calibration**

Calibrators	S1: H <sub>2</sub> O S2: C.f.a.s.
Calibration mode	Linear
Calibration frequency	2-point calibration <ul style="list-style-type: none"> <li>• after reagent lot change</li> <li>• as required following quality control procedures</li> </ul>

Traceability: This method has been standardized against the original IFCC<sup>6</sup> formulation using calibrated pipettes together with a manual photometer providing absolute values and the substrate-specific absorptivity, ε.

**Quality control**

For quality control, use control materials as listed in the "Order information" section.

In addition, other suitable control material can be used.

The control intervals and limits should be adapted to each laboratory's individual requirements. Values obtained should fall within the defined limits. Each laboratory should establish corrective measures to be taken if values fall outside the defined limits.

Follow the applicable government regulations and local guidelines for quality control.

**Calculation**

Roche/Hitachi **cobas c** systems automatically calculate the analyte concentration of each sample.

Conversion factor: U/L x 0.0167 =  $\mu$ kat/L

**Limitations - interference**

Criterion: Recovery within  $\pm 10\%$  of initial value at a lactate dehydrogenase activity of 200 U/L (3.34  $\mu$ kat/L).

Icterus:<sup>8</sup> No significant interference up to an I index of 60 for conjugated and unconjugated bilirubin (approximate conjugated and unconjugated bilirubin concentration: 1026  $\mu$ mol/L or 60 mg/dL).

Hemolysis:<sup>8</sup> No significant interference up to an H index of 15 (approximate hemoglobin concentration: 9.6  $\mu$ mol/L or 15 mg/dL).

Contamination with erythrocytes will elevate results, because the analyte level in erythrocytes is higher than in normal sera. The level of interference may be variable depending on the content of analyte in the lysed erythrocytes.

Lipemia (Intralipid):<sup>8</sup> No significant interference up to an L index of 900. There is poor correlation between the L index (corresponds to turbidity) and triglycerides concentration.

Drugs: No interference was found at therapeutic concentrations using common drug panels.<sup>9,10</sup>

In very rare cases, gammopathy, in particular type IgM (Waldenström's macroglobulinemia), may cause unreliable results.<sup>11</sup>

For diagnostic purposes, the results should always be assessed in conjunction with the patient's medical history, clinical examination and other findings.

**ACTION REQUIRED**

**Special Wash Programming:** The use of special wash steps is mandatory when certain test combinations are run together on Roche/Hitachi **cobas c** systems. The latest version of the carry-over evasion list can be found with the NaOHD/SMS/Multiclean/SCCS or the NaOHD/SMS/SmpCln1+2/SCCS Method Sheets. For further instructions refer to the operator's manual. **cobas c** 502 analyzer: All special wash programming necessary for avoiding carry-over is available via the **cobas** link, manual input is not required.

**Where required, special wash/carry-over evasion programming must be implemented prior to reporting results with this test.**

**Limits and ranges****Measuring range**

10-1000 U/L (0.17-16.7  $\mu$ kat/L)

Determine samples having higher activities via the rerun function. Dilution of samples via the rerun function is a 1:2.5 dilution. Results from samples diluted using the rerun function are automatically multiplied by a factor of 2.5.

**Lower limits of measurement***Lower detection limit of the test*

10 U/L (0.17  $\mu$ kat/L)

The lower detection limit represents the lowest measurable analyte level that can be distinguished from zero. It is calculated as the value lying 3 standard deviations above that of the lowest standard (standard 1 + 3 SD, repeatability, n = 21).

**Expected values**

Acc. to IFCC measured at 37 °C:<sup>12</sup>

Females	135-214 U/L	(2.25-3.55 $\mu$ kat/L)
Males	135-225 U/L	(2.25-3.75 $\mu$ kat/L)
Children (2-15 y)	120-300 U/L	(2.00-5.00 $\mu$ kat/L)
Newborns (4-20 d)	225-600 U/L	(3.75-10.0 $\mu$ kat/L)

Consensus values:<sup>13</sup>

Males & Females	up to 250 U/L	(up to 4.2 $\mu$ kat/L)
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Each laboratory should investigate the transferability of the expected values to its own patient population and if necessary determine its own reference ranges.

Roche has not evaluated reference ranges in a pediatric population.

**Specific performance data**

Representative performance data on the analyzers are given below. Results obtained in individual laboratories may differ.

**Precision**

Precision was determined using human samples and controls in an internal protocol with repeatability (n = 21) and intermediate precision (3 aliquots per run, 1 run per day, 21 days). The following results were obtained:

**LDHI2**

<i>Repeatability</i>	<i>Mean</i>	<i>SD</i>	<i>CV</i>
	<i>U/L (<math>\mu</math>kat/L)</i>	<i>U/L (<math>\mu</math>kat/L)</i>	<i>%</i>
Precinorm U	164 (2.74)	1 (0.02)	0.8
Precipath U	263 (4.39)	2 (0.03)	0.7
Human serum 1	122 (2.04)	2 (0.03)	1.3
Human serum 2	396 (6.61)	4 (0.07)	0.9

<i>Intermediate precision</i>	<i>Mean</i>	<i>SD</i>	<i>CV</i>
	<i>U/L (<math>\mu</math>kat/L)</i>	<i>U/L (<math>\mu</math>kat/L)</i>	<i>%</i>
Precinorm U	159 (2.66)	2 (0.03)	1.0
Precipath U	260 (4.34)	2 (0.03)	0.9
Human serum 3	117 (1.95)	3 (0.05)	2.7
Human serum 4	323 (5.39)	4 (0.07)	1.1

**LDIP2**

<i>Repeatability</i>	<i>Mean</i>	<i>SD</i>	<i>CV</i>
	<i>U/L (<math>\mu</math>kat/L)</i>	<i>U/L (<math>\mu</math>kat/L)</i>	<i>%</i>
Precinorm U	166 (2.77)	1 (0.02)	0.6
Precipath U	268 (4.48)	1 (0.02)	0.4
Human serum 1	125 (2.09)	1 (0.02)	1.1
Human serum 2	402 (6.71)	3 (0.05)	0.7

<i>Intermediate precision</i>	<i>Mean</i>	<i>SD</i>	<i>CV</i>
	<i>U/L (<math>\mu</math>kat/L)</i>	<i>U/L (<math>\mu</math>kat/L)</i>	<i>%</i>
Precinorm U	168 (2.81)	2 (0.03)	1.1
Precipath U	272 (4.54)	3 (0.05)	0.9
Human serum 3	124 (2.07)	3 (0.05)	2.7
Human serum 4	340 (5.68)	4 (0.07)	1.2

**Method comparison**

LDH values for human serum and plasma samples obtained on a Roche/Hitachi **cobas c** 501 analyzer (y) were compared with those determined using the corresponding reagent on a Roche/Hitachi 917 analyzer (x).

**LDHI2**

Sample size (n) = 86

Passing/Bablok <sup>14</sup>	Linear regression
y = 1.000x + 4.40 U/L	y = 0.988x + 7.72 U/L
$\tau = 0.982$	r = 1.000

The sample activities were between 100 and 935 U/L (1.67 and 15.6  $\mu$ kat/L).

**LDIP2**

Sample size (n) = 86

Passing/Bablok<sup>14</sup>

Linear regression

$$y = 1.000x + 6.82 \text{ U/L}$$

$$y = 0.983x + 11.0 \text{ U/L}$$

 $\tau = 0.975$  $r = 0.999$ 

The sample activities were between 89.8 and 950 U/L (1.50 and 15.9  $\mu\text{kat/L}$ ).

**References**

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- 2 Moss DW, Henderson AR, Kachmar JF. Enzymes. In: Tietz NW, ed. Fundamentals of Clinical Chemistry, 3rd ed. Philadelphia, PA: WB Saunders 1987;346-421.
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A point (period/stop) is always used in this Method Sheet as the decimal separator to mark the border between the integral and the fractional parts of a decimal numeral. Separators for thousands are not used.

**Symbols**

Roche Diagnostics uses the following symbols and signs in addition to those listed in the ISO 15223-1 standard.

	Contents of kit
	Volume after reconstitution or mixing
	Global Trade Item Number

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